



United  
Women  
in Faith



## St Mark's UWF Update Newsletter -May 2024

“St Mark's United Women in Faith ” monthly gatherings take place September through May. They are held the second Tuesday each month.

Morning meetings: 9:30-11:30 am. Evening meetings: 7-9 pm. Childcare is provided for AM meetings! We ask that you put your request in by Thursday prior to the meeting to allow time to obtain staffing. To register for childcare, please click on the link below:

All are invited to join us for fun and fellowship!

[https://www.signupgenius.com/go/10c094ba9a722a13-childcare4#/.](https://www.signupgenius.com/go/10c094ba9a722a13-childcare4#/)

### The President's Corner

Time sure flies!! It's May and we have our last board meeting! Our last general meeting is the Spring Celebration, coming up on May 14th. Another busy, busy year for the United Women in Faith. We started out with the kick-off meeting in September. Lots of new guests from our New Member afternoon and evening get-togethers. This year, Barbie Schmenner and Ann Baker hosted the get-togethers at their homes.

November brought our highly popular event – the Arts and Crafts show! Many of our outside vendors and our own ladies made and created very original items.

Next up was the Holiday Celebration in December. Thanks to the brilliant idea of Mary Etta Yoho of volunteering to host a table to share the fun, many ladies took the opportunity to be creative with the Silver and White theme.

February brought us the Dessert Extravaganza. So many sweets, so many pink and red decorated goodies. If you went away hungry, that's on you!

The last event of our year comes in May and is highly anticipated! Our Trinkets and Treasures sale. Two days for the sale and a week getting ready for it!! Volunteers needed!!

In the middle of all this, was a solar eclipse! It was so powerful; it brought together people from different cultures, religions and beliefs. God does speak to us. God made the stars and everything that's in heaven as signs for us on Earth to see. It was amazing!

And last but not least: I want to say thank you again! I am so grateful to the ladies of UWF for taking care of me during my last surgery.

So, my good friends have a great summer. See you in September.

Steff, UWF President  
steffmabe@yahoo.com

## **Update Articles**

Please submit all articles for the “Update”  
to Peggy-Anne Hoy at  
[pahat664@gmail.com](mailto:pahat664@gmail.com)

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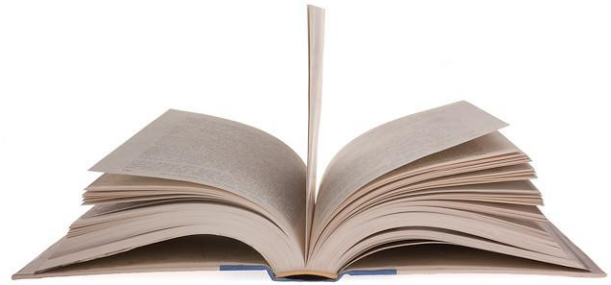
## **Distribution List Changes**

Please submit any changes to Laura  
McCloughan at  
[laura.mcclougham@gmail.com](mailto:laura.mcclougham@gmail.com)

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## **UWF Pledges**

**2024 Pledges-** Pledges can be brought to the meetings, dropped off in the church office or mailed to Treasurer, Mary Etta Yoho, 3305 Heathcliff Ct., Westfield, IN 46074. If you have not made a 2024 pledge, it is not too late. Forms will be available at the January 9 th meeting or email Mary Etta with the amount to [maryetta.yoho@gmail.com](mailto:maryetta.yoho@gmail.com). Our pledges are a major resource for UWF to respond to the needs of others locally, nationally and globally.



## **UWF Reading Program “Your Windows to the World” St Mark's Church Library**

The next book discussion on books from the Nurturing for Community category will be held on Monday May 20, 2024 at 7 pm.

Contact Kathy at [KathyLentz@gmail.com](mailto:KathyLentz@gmail.com) for more information on how to participate.

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## **Social Action/ Mission Education & Interpretation**

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### **Election time!**

I don't know about you, but I am more than tired of the mean, hateful commercials and advertising that have been bombarding us at every turn. Migrants should not be punished for trying to save the lives of their families and are not “bad” for our county. LOOK it up. Yes, immigration programs need to be improved but that is a problem that needs hard work, not flip answers. Women and children are dying in this country and especially in Indiana in insufficiency, and insufficient housing are found in all communities. Why do we punish so many for being in poverty? Why can't we have sensible gun laws? How do

we stand against violence? How do we help interrupt the school-to-prison pipeline? Just Energy 4 All and taking care of God's creation so that our children will have a safe place to live seems overwhelming. Racism, homophobia, xenophobia, misogyny, colonialism, and so many other kinds of hate seem to be everywhere and just too big.

What can we do? VOTE! Don't be overwhelmed and shut down. Study up on at least one area that causes you concern. Talk to other people with a variety of ideas, read books and articles. What are the politicians really saying? What part is greed? How can we promote peace? United Women in Faith believe love in action can change the world.

**VOTE VOTE VOTE!**

Donna Schwartz Social Action  
dehschwartz@gmail.com

**UWF INTEREST GROUPS**

**AM & PM**

Bookworms, Cultural Insights, Spiritual Growth & Spiritual Formation, are completed for this session. They are expected to return in the fall. *Please take this opportunity to join your fellow UWF friends for the **Sweet End of the Year Celebration** at 7 pm on Tuesday May 14th.*

Bookmarkers will meet on Tues. May 21st at 7 pm to discuss **The Gatekeepers by Chris Whipple**. They will also meet in August ( date to be determined) to discuss our summer read **The Next Ship Home by Heather Webb**.

**Facilitator: Debbie Skinner**  
**dskins25@hotmail.com** or call 317-574-1997 with any questions.



**United Women in Faith wish the following ladies a Happy Birthday in the months of May and June**

Lynn Chreist	5/1
Kathy Lenz	5/5
Linda Schenk & Jan Walsh	5/7
Lisa Fowler	5/8
Laura Corry	5/13
Carlabeth Mathias & Jamie Weymeyer	5/14
Cindy Binder	5/18
Beverly Dickison & Susan Hebert	5/19
Mary Barclay	5/20
Louise Snyder & Mary Weed	5/23
Sandy Melin, Rita Myers & Erica Seasor	5/27
Lisa Meek, Deb Miller & Connie Walz	5/29
Michelle White	5/30
Brenda Erickson & Jenny Rundle	5/31
Nancy Eikenberry	6/1

Michelle Byrd & Amy Walz	6/4
Sarah Habegger	6/6
Jayne Harlor & Andrea Muller	6/7
Carol Hollinger	6/12
Cecil Corson & Leslie Gardner	6/13
Carole Anderson	6/14
Jan Bretz	6/17
Linda Mitchell-Powell	6/19
Connie Mehl	6/20
Laura Isaacs	6/21
Meredith Anderson & Mary Killingsworth	6/22
Sonjia Clodelder	6/25
Kay Lipps & Raylene Rolinski	6/27
Carol Blackwell & Debbie Haslam	6/28
Sandy McLaughlin	6/30

**All women of St. Mark's UMC are invited to sign up for the Closed Facebook Group. To sign up go to: UWF - St Marks Carmel**

**Reminder-** The Mission Message which is the Indiana UWF newsletter is available via link on the St Mark's UWF website. <http://www.stmarkscarmel.org/uwf>

**Let us know if we have left anyone out. To receive reminders about UWF activities, please send a note & your email. We look forward to hearing from you.**

With faith, hope & love,  
Membership, Nurture and Outreach:  
Ann Baker, Linda Schenk  
and Holly Moore

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### May Theme from MNO

"For the Lord is good; His steadfast love endures forever, and His faithfulness to all generations."  
Psalm 100:5 NRSV

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### St. Marks UWF Facebook Group



### Juliets

Thursday May 16th at 1130, JULIETS (Just Us Ladies Into Eating Out Together) will be dining at Please contact Linda Schenk, [lschenk@att.net](mailto:lschenk@att.net) or or Sandi McCracken, [smccracken75@yahoo.com](mailto:smccracken75@yahoo.com) by Mon May 13th so current reservations can be made or for more information.

All women are invited!

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**Are you getting the monthly UWF Connect newsletter?**  
If not and you want to, please subscribe by emailing [info@uwfaith.org](mailto:info@uwfaith.org)

### UPCOMING EVENTS FROM THE UWF CONFERENCE

**UWF North Central District Jurisdiction**

**Meeting** May 30 to June 2nd

- Indianapolis

**Mission U** Friday July 12 to Sunday  
July 14- Franklin College, Franklin, IN  
( Forms attached to this newsletter)

**Annual Celebration-** October 4<sup>th</sup>  
Dinner Fri at 5 pm, Meeting Sat 0945 am  
3 pm- St Mark's UMC, Carmel, IN

**Silent Retreat** Oct 11- 13. Start Fri at 7 pm  
to Sun noon. St Joseph's Retreat &  
Conference Center, Tipton, IN

**November Leadership Development &  
Officer Training** via Zoom Sat Nov 2nd  
10am to 3 pm

Tues May 14th- Spring Celebration 7 pm

Sun May 19th- Trinkets and Treasures  
Collection starts. Noon to 3 pm

Mon May 20- Thurs May 23- Sorting and  
Pricing.

Friday May 24th 8am to 4 pm- Sale

Sat May 25th 8 am to noon- Sale



**Trinkets and Treasures**

Indoor Garage Sale



Faith Talks are monthly conversations with United Women in Faith hosted by Jennifer Farmer, Spotlight PR. Each conversation explores themes and resources that empower us to put faith, hope and love into action. To access Faith Talks podcasts

<https://uwfaith.org/resources/podcasts>.

**2024 United Women of Faith  
St Mark's Calendar**

Yes, it is that time already 😊. These last few sunny days remind us that Spring may just be around the corner. With that, comes spring cleaning 😞. Please save all your unwanted good items for our annual Indoor Yard Sale "Trinkets and Treasures" which is May 24th and 25th. Donations can be dropped off starting Sunday May 19th at noon in Wesley Hall. Donations will be accepted until Thursday May 23rd at noon. Please remember we do not accept clothing, large appliances or large exercise equipment.



# Spiritual Growth Retreat



**Angela Blankenship, Kathy Lentz, Mary Etta Yoho, Retreat Leader - Rev. Dr. Cindy Reynolds, Elizabeth Haines, Jan Borcharding, Barbie Schmenner.**

This retreat was held on April 19 & 20th at Linderwood Retreat and Conference Center in Plymouth, IN. The Retreat theme: Biblical Storytelling: Food for the Soul --- 2 Timothy 3: 16-17 The Message. There are usually 2 - 3 retreats each year. Info is included in the district and conference newsletters which are on our website [stmarkscarmel.org/uwf](http://stmarkscarmel.org/uwf).

P.S. There are additional retreat photos plus a video on the UWF St Marks Carmel ( a closed Facebook group page).

**\_ St Mark's UWF "Sweet End of the Year" Celebration**

## Tuesday May 14th- 7 pm - Wesley Hall



Join UWF members for the "UWF- Sweet End of the Year Celebration". We are extending this invitation to UWF and St. Mark's women – bring a friend (no children this year). Dress code is casual – spring-like and pastel.

We are planning a wonderful evening of decorating cookies (eating them if you want), enjoying ice cream, and spending an evening of sweet fellowship. Our theme is to enjoy the end of a Sweet Year of UWF, and share it with others -

meet someone new, share with someone you know. We will sing, laugh and have a joyful evening. The Selfie Corner will be available for evening pics.

Please sign up, beginning next week, so we will know how many to plan for the evening. Deadline for reservations will be May 7<sup>th</sup>. ***There will be no charge; however, there will be a free will offering for the church's playground.***

If you have any questions, please contact our coordinator Jackie Mock .

**2024 St Mark's UWF Board**

President	Steff Mabe
Vice President of Interest Groups & Programming	OPEN
Fundraising Coordinator	Jackie Mock
Recording Secretary	Trisha Stanearth
Corresponding Secretary	Beth Montag
Treasurer	Mary Etta Yoho
Assistant Treasurer	Cathy Wilkinson
Mission Coordinator/Spiritual Growth (AM)	Lydia Fourman
Mission Coordinator/Spiritual Growth (PM)	Michelle White
Mission Coordinator/Education & Interpretation	Linda Schenk
Mission Coord./Membership Nurture & Outreach-AM	Linda Schenk/ Ann Baker
Mission Coord./Membership Nurture & Outreach-PM	Holly Moore
Mission Coordinator/Social Action	Donna Schwartz
Secretary of Program Resources/Nat'l Reading Program	Kathy Lentz
Communication Chair	Becky Mills
Nominations Committee Chair	Linda Mitchell- Powell
Historian/Photographer	Kathy Lentz / Barbie Schmenner
Newsletter Editor	Peggy-Anne Hoy
Hospitality Coordinator AM	Janet Lucas / Carol Blackwell
Hospitality Coordinator PM	shared rotation -open
Pianist AM	Pam Whitehead
Pianist PM	Pat Parks
Songleader, AM	Lydia Fourman
Webmail Manager	Laura McCloughan
Members at Large	Miriam Taylor Brenda Erickson Doreen Velde

St. Marks UWF Favorite Recipes





*We recently had a euchre night and the theme for the food was church cookbook favorites. This is not the exact one we had but still shows what it should look like,*

## ***Layered Salad***

- |                                    |   |
|------------------------------------|---|
| 1 iceberg lettuce shredded,        | 1 large green pepper, diced               |
| 1 large red onion, diced           | 4 stalks of celery diced                  |
| 1 can of sweet young peas, drained | 1 & ½ cup mayo                            |
| 2 TBSP brown sugar                 | 1 TBSP apple cider vinegar                |
| 1 cup shredded cheddar cheese      | 4-6 strips of bacon, cooked and crumbled. |

Place the lettuce on the bottom of a clear bowl. Top with a layer of the following: green pepper, red onion, celery then the peas. Mix the mayo, brown sugar and apple cider vinegar together until well combined. Spread this over the top. Sprinkle the cheddar cheese and top with crumbled bacon. Rest in the refrigerator at least 4 hours to allow flavors to mingle.

## Daily Prayer Guide 2024 – Breaking Bread Together

Faith and good are strong partners in the human experience. The Bible makes that clear. The very act of eating is a reminder of God the Creator, the Provider. God in the beginning builds dietary guidelines into the covenant with Israel and sends manna from heaven when the people are lost in the wilderness. Feeding the stranger and the needy is a biblical mandate. The Bible finds resolution in the formation of the church, a community of faith formed around an actual and symbolic meal. Acts 2:42 describes early Christians as devoting “themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer.” In the pleasure of the table, the young church emulated Jesus, who enjoyed wedding feasts (at Cana), dinner parties (at Matthew’s), and picnics (by the lake for 5,000).

And then there is Holy Communion, the ultimate breaking of bread as an act of faith: While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to the disciples, and said, “Take, eat; this is my body.” Then he took a cup, and after giving thanks he gave it to them, saying “Drink from it, all of you; for this is by blood of the covenant, which is poured out for many for the forgiveness of sins.” (Matthew 26:26-30) “Breaking Bread Together,” as the 2024 Daily Prayer Guide theme, prompts humble thanksgiving for God’s abundant provision of nourishment and grace—for the product of field and stream and for the love bound up in Jesus Christ. It leads to rejoicing in the opportunity to serve the food needs of all persons and to celebrate the lives of those—including missionaries, deaconesses, home missionaries, and others—who plant and harvest in Christ’s name. Breaking bread together in faith calls for reverence—in the attitude of the spiritual:

Let us break bread together on our knees.  
Let us break bread together on our knees.  
When I call on my knees,  
With my face to the rising sun,  
O Lord, have mercy on me.

Lectionary Readings

Pray Every Day

<b>MAY 12</b> Acts 1:15-17, 21-26, John 17:6-19 <b>SEVENTH SUNDAY OF EASTER</b>	<b>MAY 12</b> Della Lamb Community Service, Kansas City, Missouri
<b>MAY 13</b> Exodus 28:29-38, Philippians 1:3-11	<b>MAY 13</b> Maria Bipumba Kabangu, a scholarship recipient from the Democratic Republic of the Congo pursuing a Bachelor of Science in Agribusiness Management at Africa University in Zimbabwe
<b>MAY 14</b> Numbers 8:5-22, Titus 1:1-9	<b>MAY 14</b> Aghilah Nadaraj, Theresa Hoover award recipient
<b>MAY 15</b> Ezra 9:5-15, John 16:16-24	<b>MAY 15</b> Jada Renee Gunner, a scholarship recipient pursuing a Bachelor of Arts in Religious Studies at Loyola University in New Orleans, Louisiana
<b>MAY 16</b> Genesis 2:4b-7, 1 Corinthians 15:42b-49	<b>MAY 16</b> Czech Republic in Mission Together
<b>MAY 17</b> Job 37:1-13, 1 Corinthians 15:50-57	<b>MAY 17</b> Mary Johnston Hospital Development, Philippines
<b>MAY 18</b> Exodus 15:6-11, John 7:37-39	<b>MAY 18</b> United Methodist Neighborhood Centers, Chattanooga, Tennessee

**Birthdays of the Week:** Arabia Sweet, Bernice Keech, Daphne Hurd, Hikari Chang, Judith Pierre-Okerson, Kristyl Frantz-Shoaf, Leslie Nedderman, Lisa McCauley, Loi Salazar, Nora Marker

# Save the Dates

New Options for Mission u 2024

Pick the option that's best for you.

**OPTION 1: Traditional 2 1/2 day - Friday, July 12-Sunday, July 14**

Franklin College, Franklin, IN

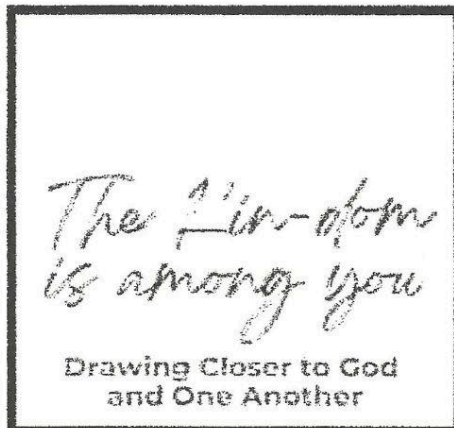
for Children, Youth and Adults!

**OPTION 2: New Option - One Day - Mission u Express - Choose Your Date & Location**  
**Child Care will be available**

Saturday, Aug 3 Central Indiana location – University UMC, 5959 Grandview Dr, Indpls, IN

Saturday, Aug 10 Northern Indiana location – Rochester Grace UMC, 201 W 7<sup>th</sup> St. Rochester, IN

Saturday, Aug 10 Southern Indiana location – St. Mark's UMC, 100 North State Rd 46, Bloomington, IN



## **BOTH OPTIONS ARE THE SAME STUDY/THEME**

Join us at Mission u as we explore what it means to draw closer to God and one another.

Jesus told his followers the kingdom was among them

(Luke 17:21). What does that mean? Who does Jesus say will inherit the kingdom? How do we transform ourselves and our communities in ways that bring us closer to the kingdom and the kingdom closer to us?

Dive into these questions and more at Mission u 2024 as we examine Scripture together and join in worship, fellowship, and action.

**Watch for registration details in the coming months**  
**Scholarships are available.**





United  
Women  
in Faith

**Mission u 2024  
Scholarship Application Form  
First Time Attendees  
United Women in Faith**

United Women in Faith of Indiana offers scholarships to women who are interested in attending Mission u for the first time. The applicant must be a member of United Women in Faith or affiliated with the United Methodist Church. The scholarship covers 100% of the cost of registration, housing, textbooks and meals for attendance at Mission u. Housing is dormitory style. The Mission u daily schedule includes time of worship, a study in a classroom setting, and evening gatherings.

Contact the applicant concerning her interest in attending before making an application. Provide a brief statement indicating how/why this person would benefit from this experience including information about her participation in her church, UWF, and her community. Submit application to your District President or District Coordinator for Education and Interpretation by May 25, 2024.

**Mission u**

DATE: July 12, 13 and July 14, 2024  
Franklin College, 101 Branigin Blvd.,  
Franklin, 46131

**Scholarship is for first time attendees to Mission u!**

Name of Scholarship Applicant \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Church (UWF Unit) \_\_\_\_\_

Age Group: 40 and younger \_\_\_\_\_ Over 40 years o/d \_\_\_\_\_ College Student \_\_\_\_\_

Employed \_\_\_\_\_ Homemaker/Stay-at-Home Mom \_\_\_\_\_ Retired \_\_\_\_\_

Recommended by \_\_\_\_\_ Church \_\_\_\_\_

District \_\_\_\_\_ UWF Unit/City \_\_\_\_\_

Contact Phone/Email \_\_\_\_\_

How/why will the applicant benefit: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

